

JB-000155

Date of preparation: January 2020

## **PRESCRIBING INFORMATION for Forceval® Capsules**

Please refer to full Summary of Product Characteristics before prescribing **Presentation:** Brown and maroon, oblong, soft gelatin capsule printed containing: Vitamin A (as  $\beta$ -Carotene) 2,500.0 iu; Vitamin D2 (Ergocalciferol) 400.0 iu; Vitamin B1 (Thiamine) 1.2 mg; Vitamin B2 (Riboflavin) 1.6 mg; Vitamin B6 (Pyridoxine) 2.0 mg; Vitamin B12 (Cyanocobalamin) 3.0 mcg; Vitamin C (Ascorbic Acid) 60 mg; Vitamin E (dl- $\alpha$ -Tocopheryl Acetate) 10 mg; d-Biotin (Vitamin H) 100 mcg; Nicotinamide (Vitamin B3) 18 mg; Pantothenic Acid (Vitamin B5) 4.0 mg; Folic Acid (Vitamin B Complex) 400 mcg; Calcium 108 mg; Iron 12 mg; Copper 2.0 mg; Phosphorus 83 mg; Magnesium 30 mg; Potassium 4.0 mg; Zinc 15 mg; Iodine 140 mcg; Manganese 3.0 mg; Selenium 50 mcg; Chromium 200 mcg; Molybdenum 250 mcg. **Indications:** As a therapeutic nutritional adjunct in conditions where the intake or absorption of vitamins and minerals is suboptimal, in convalescence from illness or surgery or for patients on special or restricted diets,

where food intolerances exist or as an adjunct in synthetic diets. **Dosage:** Adults and the elderly: One capsule daily swallowed whole with water, preferably one hour after a meal. Not recommended in children under 12 years of age. **Contra-indications:** Hypercalcaemia, haemochromatosis and other iron storage disorders. Hypersensitivity to the active substance(s) or to any of the excipients. Allergy to peanuts or soya. **Precautions:** Protein and energy are also required to provide complete nutrition in the daily diet. No other vitamins, minerals or supplements with or without vitamin A should be taken with this preparation except under medical supervision. Do not take on an empty stomach. Do not exceed the stated dose. Contains iron, keep out of the reach and sight of children as overdose may be fatal. Contains E123 (amaranth) and E124 (ponceau 4R red), which may cause allergic reactions. High dose of  $\beta$ -carotene (20-30 mg/day) may increase the risk of lung cancer in current smokers and those previously exposed to asbestos. Patients with thyroid disorders should seek medical advice before taking Forceval Capsules. **Interactions:** Folic acid can reduce the plasma concentration of phenytoin. Oral iron and

zinc reduce the absorption of tetracyclines. **Side Effects:** Hypersensitivity reaction (such as rash) and gastrointestinal disturbances (such as nausea, vomiting and abdominal pain). **Legal Category:** P **Packs and NHS price:** 15 capsules (£5.46), 30 capsules (£9.92) or 90 capsules (£28.77). **Marketing Authorisation number:** Forceval Capsules PL16853/0079 Full prescribing information is available from: Alliance Pharmaceuticals Ltd, Avonbridge House, Bath Road, Chippenham, Wiltshire SN15 2BB. [www.alliancepharma.co.uk](http://www.alliancepharma.co.uk) **Date of preparation/last revised:** November 2018

### **Adverse Event Reporting**

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) Adverse events should also be reported to Pharmacovigilance at Alliance Pharmaceuticals, tel: 01249 466966, email: [pharmacovigilance@alliancepharma.co.uk](mailto:pharmacovigilance@alliancepharma.co.uk).